Houston Heart Health
Dedicated to excellence in cardiovascular care

Echocardiogram Instructions

Heart ultrasound (transthoracic echocardiogram, TTE)

Appointment date _____ Time _____

4000 Garth Rd, Suite 200, Baytown, TX 77521 • (713) 899-0298

What is this test?

An echocardiogram uses sound waves to show your heart in motion. It shows how well your heart pumps and how your valves work. The test uses no radiation.

Before your appointment

You can usually eat and drink as usual. Take your regular medicines unless your care team tells you otherwise. Wear a two-piece outfit so you can easily change into a gown.

What to expect

You'll lie on an exam table, usually on your left side or back. The technician will put gel on your chest and move a small handheld probe over your skin. You may feel some pressure. The test usually takes 30 to 60 minutes. You can usually return to your normal activities afterward.

Appointment confirmation and cancellation

You must confirm your appointment when our office contacts you. If you need to cancel or reschedule, call **(713) 899-0298** at least **24 hours before** your appointment. **A $55 fee will be charged if you miss your appointment.**

Patient acknowledgment

I have read and understand the requirement to confirm my appointment, the 24-hour notice policy for canceling or rescheduling, and the $55 no-show fee.

Patient name _____

Patient or authorized representative signature

_____ Date _____