



Houston
Heart Health
Dedicated to excellence in cardiovascular care

Advanced **Vein & Vascular** Center

VEIN CENTER APPOINTMENTS

Patient Name: _____ Date of Birth: _____

| Vein Ablation Treatment | Date | Time | Location |
|-----------------------------------|------|------|----------|
| Right Leg- Greater Saphenous Vein | | | |
| Ultrasound Follow Up | | | |
| Right Leg- Small Saphenous Vein | | | |
| Ultrasound Follow Up | | | |
| Left Leg- Greater Saphenous Vein | | | |
| Ultrasound Follow Up | | | |
| Left Leg- Small Saphenous Vein | | | |
| Ultrasound Follow Up | | | |
| 1 Month Follow Up with Doctor | | | |

For any questions or concerns please contact: 713-899-0298



Lower Extremity Venous Duplex Ultrasound

Purpose of the Test

This is a non-invasive examination that uses sound waves to produce images of the veins in the legs to look for any blood clots and functioning of the one-way valves.

Patient Instructions

- Confirm, cancel or reschedule your appointment no later than 48 hours before your appointment.
- Plan to arrive 15 minutes prior to the appointment to complete paperwork. Please bring your drivers license, insurance card and list of medications. The test takes about 30- 60 minutes.

Medicine/Compression Therapy

- Take prescribed medicines unless told not to by your doctor. Do not wear Compression socks x 2 days prior to the first full venous reflux study. If it is post ablation ultrasound study, please follow discharge instructions. Hydrate yourself well prior to the study.

Clothing

- Wear loose comfortable clothes.

What should you expect:

- You will be asked a brief history related to the exam.
- You will be asked to remove clothing that covers your legs and lie on your back. You will be covered with a gown or blanket for privacy.
- A sonographer will apply gel to the area being evaluated. The probe is moved over your skin, some pushing over your legs is required. It is important to remain relaxed during the exam.
- You may hear your blood flowing while exam is being done.
- Once the ultrasound is complete, you may wipe off any excess gel and go home unless you have other testing scheduled.
- A doctor will interpret the exam and a report will be sent to your ordering doctor



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